

## Camp Unalayee

### Family Days Important Information and Forms

#### Welcome to Camp Unalayee Family Days!

You will find in the following pages the forms and information required for you and your family to have a great week at CampU.

The first form you will find is the **Medical History & Release Form**. It is very important that we have this form completed for you and your family in case of emergency. Please bring the completed form with you to CampU and give it to a Unalayee representative as soon as possible.

The following pages contain directions to CampU. Please read these instructions carefully before beginning your trip; we are located inside the Trinity Alps Wilderness and getting to our camp may not be intuitive. **WARNING: Do NOT follow the Google Maps directions to get to Scott Mountain Summit. They WILL get you lost. Please arrive at the Wilderness Gate at 2pm.**

Although we encourage everyone to try the hike into CampU, if you are unable to do the entire hike, or you have small children who cannot complete the hike, we will give you a ride into the basin with one of our camp vehicles. However, we do have limited seat belts and space, so we strongly encourage everyone to try the hike. If you start the hike and can't make it all the way, we'll pick you along the way!

Lastly, you will find a basic equipment list. This list is only a suggestion of things that you might want in the mountains. We will truck your luggage into our basin from the wilderness gate. Please be considerate in your packing, as there is limited space in our trucks. Also, your gear will have to be carried by hand from our Central area to your campsite. Please consider the weight and size of your luggage when packing.

If you have any questions or concerns regarding these forms or your upcoming camp experience please do not hesitate to contact us:

[office@gocampu.com](mailto:office@gocampu.com)

(650) 969-6313

We can't wait to see you and your family in the mountains!

## Camp Unalayee

### Medical History & Release Statement

Name \_\_\_\_\_

Address \_\_\_\_\_

Primary Phone # \_\_\_\_\_ Cell # \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_

Primary Phone # \_\_\_\_\_ Cell # \_\_\_\_\_

Medical Insurance Carrier \_\_\_\_\_

Policy # \_\_\_\_\_ Subscriber Name \_\_\_\_\_

Physician's Name \_\_\_\_\_ Physician's Phone # \_\_\_\_\_

Please complete the following information for each family member enrolled in the program:

Name \_\_\_\_\_ Date of birth \_\_\_\_\_ Date of Tetanus \_\_\_\_\_

List all known allergies: insect, medication, dietary, etc. List all health conditions requiring treatment, medication or restrictions, or other accommodations while participating in this Unalayee program:

\_\_\_\_\_  
\_\_\_\_\_

Name \_\_\_\_\_ Date of birth \_\_\_\_\_ Date of Tetanus \_\_\_\_\_

List all known allergies: insect, medication, dietary, etc. List all health conditions requiring treatment, medication or restrictions, or other accommodations while participating in this Unalayee program:

\_\_\_\_\_  
\_\_\_\_\_

Name \_\_\_\_\_ Date of birth \_\_\_\_\_ Date of Tetanus \_\_\_\_\_

List all known allergies: insect, medication, dietary, etc. List all health conditions requiring treatment, medication or restrictions, or other accommodations while participating in this Unalayee program:

\_\_\_\_\_  
\_\_\_\_\_

I understand the nature of this camp program. I am in good physical condition and able to participate in all aspects of the program. I give permission to Camp Unalayee personnel to secure and administer medical treatment, including hospitalization of person(s) in case of a medical emergency. We hereby release the Camp Unalayee Association, its officers and staff from any liability in the event of an accident or injury occurring while participating in the program. We also agree to abide by all the camp rules and policies.

\_\_\_\_\_  
Parent/Guardian/Participant Signature

\_\_\_\_\_  
Date

## Camp Unalayee

### Directions to CampU

Getting to CampU is really a three-step process:

1. Get to Scott Mountain Summit
2. Drive to the wilderness gate and park
3. Walk (or hitch a ride) into our wilderness basin

#### 1. Directions to Scott Mountain Summit:

**WARNING:** Do NOT follow the Google Maps directions to get to Scott Mountain Summit. They WILL get you lost.

#### From Oregon and the North:

- Take I-5 South to Yreka
- Take exit 773 towards CA-3/Fort Jones/Etna
- Turn right at the end of the off-ramp
- Turn left on to Hwy 3 South (the first stoplight) towards Fort Jones and Etna
- Turn left at Etna to stay on Hwy 3 towards Callahan and Weaverville
- 14.5 miles past Etna and 2 miles past Callahan veer right to stay on Hwy 3 towards Weaverville and Trinity Center
- Scott Mountain Summit is about 7 miles up on the right
- About 2 hours driving time from the Oregon border

#### From the Bay Area or Sacramento Area:

- Take I-5 North to Weed
- Take exit 751 towards Edgewood/Gazelle
- Go left under I-5
- Go right @ the stop sign towards Gazelle (Stewart Springs Rd./Old Hwy 99)
- Go 7.2 miles to Gazelle and turn left on Gazelle-Callahan Rd.
- Go 24.7 miles and take a left onto Hwy 3 towards Trinity Center and Weaverville
- Scott Mountain Summit is about 7 miles up on the right
- About 6 hours driving time from the Bay Area

#### From Arcata and the Coast:

- Take Hwy 299 East towards Weaverville/Redding
- Go 93.4 miles and turn left on to Hwy 3 North/Lake Trinity Blvd towards Trinity Center
- Scott Mountain Summit is about 55 miles, on the left
- About 3.5 hours driving time from Arcata

## Camp Unalayee

### 2. Directions from Scott Mountain Summit to the Wilderness Gate

- The road to CampU is just north of Scott Mountain Summit Campground and the Pacific Crest Trail on the west side of Hwy 3. The road is USFS40N63. If you have just turned into the Scott Mountain Summit parking area, the road will be on the far north end of the parking area, past the large wilderness information sign that is located at the entrance to the Pacific Crest Trail.
- It is 3.5 miles to the locked wilderness gate. The road is dirt and can be rough in spots.
- It is the road most traveled but if you have gone 4 miles after leaving Hwy 3 you missed one of only two turns.
- Within the first 1/2 mile after leaving Scott Mountain Summit, a road will enter from the left.  
**Continue straight.**
- At almost exactly 1 mile, you will come to a "Y" in the road, **stay LEFT and go uphill**. Within the next mile you might notice the USFS weather station on the right. If parking at the wilderness gate is full we will meet you at the weather station, where there is ample parking.
- If a Unalayee representative is not present at the weather station, continue on and you will come to the locked wilderness gate.
- IMPORTANT: Park well off to the side. The camp truck is wide, so make sure there is room to get by.
- It may take half an hour to get from Scott Mountain Summit to the wilderness gate. Please arrive at 2pm. If you arrive before 2pm and a Unalayee representative is not present, you may leave your luggage in a pile to the side of the road just before the wilderness gate. You can start walking in and we'll pick up your gear for you.

### 3. Hike from the wilderness gate to Mosquito Lake

- Although we encourage everyone to try the hike into camp, if you are unable to do the entire hike we will give you a ride. It is a 4-mile hike along the road to camp.
- First, you will climb (for the most part) to the Siskiyou/Trinity divide - about one mile.
- For the next 2.5 miles the road is relatively level, dropping slightly. Great views of Mt. Shasta if you look back and Bear Ridge as you walk the road.
- There is only one real fork in the road. It is about 3.5 miles past the wilderness gate. At this "Y," **take a right**, which heads uphill. If you continue downhill from the "Y" you have gone the wrong way.
- After the "Y" you should start to climb steeply uphill. About 1/4<sup>th</sup> mile further there will be a much less obvious "Y" in the road. **Stay right** and continue going uphill.
- Another 1/4 mile further and you will arrive at CampU!

#### For map lovers:

Google Maps has a satellite option and perfect detail of the route from Scott Mountain Summit to the CampU Basin.

Click or copy and paste the following link into Google search and you will find a road map with markers. Click the Satellite option and zoom in or out to follow the route.

<http://maps.google.com/maps/ms?ie=UTF8&hl=en&msa=0&msid=117817221419334388116.000489fd429ca1ca4a799&ll=41.384022,-122.641068&spn=0.301383,0.501938&z=11>

There is now a street view option at Scott Mountain Summit showing the campground and turn-off to the camp road. For good reason we have not yet marked this location as a destination for everyone searching Google Earth.

## Camp Unalayee

### Basic Family Days Equipment List

At Family Days you will be camping. So think about bringing all the things that you will need for camping in the mountains. You do not need to bring individual cooking equipment such as stoves and pots, as **meals will be provided by Unalayee**. If you would like to have your own personal cooking equipment in your campsite, it is fine with us, but not necessary. Although, the weather is usually warm and dry, we have had an occasional mountain storm that brings rain, hail, and cold weather.

Although we will truck your luggage into our basin from the wilderness gate, your gear will have to be carried by hand from our Central area to your campsite. Please consider the weight and size of your luggage when packing.

#### Essentials:

- Tent
- Sleeping bags
- Sleeping pads
- Pillows
- Ground cloths
- Flashlights & extra batteries
- Water bottles
- Plastic Cups and Dishes
- Daypacks
- A variety of clothes for the week – layers are best and synthetics are great!
- Warm clothes
- Lots of Socks
- Rain Gear
- Swimming suits and towels
- Sunscreen, sunglasses, sunhats, and Chap Stick
- Bug repellent (preferable non-aerosol) and other basic toiletries

#### Optional items:

- Folding Chairs
- Books
- Camera
- Fishing gear
- Musical instruments
- White cotton shirts or other clothing to tie-dye
- Sodas, adult beverages, etc.
- Foods for special dietary needs

CampU has a limited supply of sleeping bags, sleeping pads, and backpacks that may be borrowed.