

## Camp Unalayee

### Trail Programs Pack List

#### Do Bring:

- ☐ Backpack – make sure it fits.\*
- ☐ Sleeping Bag – is it warm enough?\*
- ☐ Sleeping Pad\*
- ☐ Ground Cloth - Nylon or Plastic Sheet 7' by 4' (a cheap poncho works great!) – can be shared with other campers\*
- ☐ 2 one-liter water bottles (or camelback plus 1 bottle)
- ☐ Raingear\*
- ☐ Boots – already worn in
- ☐ Extra shoes – lightweight (no opened toed!)
- ☐ Socks – 4 pairs. At least 3 pairs wool hiking socks. (We do laundry on trail)
- ☐ Underwear – 4 pairs (Yay Laundry!)
- ☐ Shorts – 1 for hiking (Optional 1 extra for relaxing)
- ☐ Swimsuit (boys recommended your swim trunks be your second pair of shorts)
- ☐ Warm pants – fleece is best. No Jeans!
- ☐ T- Shirts or tank tops – 1 for hiking 1 for relaxing (Laundry!)
- ☐ Long-sleeve shirt – lightweight
- ☐ Long-underwear
- ☐ Jacket or sweatshirt – warm and light. No Denim!
- ☐ Beanie - wool is best
- ☐ Sunglasses
- ☐ Sunscreen – can share with other campers
- ☐ Chap stick
- ☐ Toothbrush
- ☐ Toothpaste – can share with other campers.
- ☐ Floss - share
- ☐ Flashlight
- ☐ Bowl and/or cup. NO metal!
- ☐ Spoon

#### Optional:

- ☐ Backpacking towel or sarong
- ☐ Sun hat
- ☐ Camera
- ☐ Light Book - share
- ☐ Journal
- ☐ Writing Materials - share
- ☐ Crafts - share

- ☐ Insect Repellent - share
- ☐ Hairbrush - share
- ☐ Pocket Knife
- ☐ Cards - share

#### Do NOT Bring on the trail:

- ☐ DENIM (jean material)
- ☐ Avoid Cotton when possible
- ☐ Large Towels
- ☐ Heavy and Bulky Clothing
- ☐ Pillows
- ☐ Deodorant
- ☐ Soap/Shampoo/Conditioner
- ☐ Full Mess Kits

Remember what you bring you have to carry for 11 or 15 days, so be kind to yourself and pack light, and share as often as you can.

For Wild and Hiking Campers – Bring a couple extra sets of clothes for the day in the basin before your hike and the last day in camp after you get back from your trip. You may bring items on the Do NOT list for use in Camp, but must leave them behind when on the trail.

For Summit to Summit Campers - Bring one extra set of clothes in a garbage bag (underwear, socks, shirt, pants) for the last day so you can have clean clothes for the bus ride home. Camp will keep it for you and bring it to the summit on the last morning.

\*Camp has equipment to loan out to campers who need it.