

## Camp Unalayee

**Welcome to Camp Unalayee Family Camp!** - You will find in the following pages the information required for you and your family to have a great trip to Camp U.

You should have also received a separate attachment with the **Medical History & Release Form**. It is very important that we have this form completed for you and your family in case of emergency. **Please email completed forms to [office@gocampu.com](mailto:office@gocampu.com) or send the completed form to our office at 3921 E. Bayshore Rd. Ste 206, Palo Alto, CA 94303, at least 30 days prior to the start of your program.**

Final Payments are due 30 days prior to the start of the session. There is a \$100 cancellation fee for all cancellations. No refund will be given for cancellations fewer than 30 days before the start of the session. In the case of a medical emergency please contact the office. Please send checks to our office or [pay via our website](#) with a credit card or PayPal.

The following pages contain directions to CampU. Please read these instructions carefully before beginning your trip; we are located inside the Trinity Alps Wilderness and getting to our camp may not be intuitive. WARNING: Do NOT follow the Google Maps directions to get to Scott Mountain Summit. They WILL get you lost.

Transportation into the Mosquito Lake Basin from the Wilderness Gate will be provided at 2pm on Tuesday and Friday of Family Camp Week.

Transportation out of Camp will be provided on Friday and Sunday of Family Camp Week. The first ride out will be between 9am and 10am. The last ride out will be by 12pm.

If you need to arrive or leave sometime within Family Camp Week other than the scheduled trips in and out we will do our best to coordinate your arrival or departure with other scheduled trips to town or will work with you to arrange a ride.

Please arrive at the Wilderness Gate at **2pm**. If you will arrive late, please call our office at 650-969-6313 and let them know of your estimated arrival time. The office may be able to contact a representative at Camp who will call you back to coordinate. If you plan to be more than 2 hours late, you are welcome to walk into camp from the Wilderness Gate (you will need to carry your luggage on your back). If you plan to be more than 2 hours late please contact the office to let us know.

Although we encourage everyone to try the hike into Camp U, if you are unable to do the entire hike, or you have small children who cannot complete the hike, we will give you a ride into the basin with one of our camp vehicles. However, we do have limited seat belts and space, so we strongly encourage everyone to try the hike. If you start the hike and can't make it all the way, we'll pick you up along the way!

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Next you will find a basic equipment list. This list is only a suggestion of things that you might want in the mountains. We will truck your luggage into our basin from the wilderness gate. Please be considerate in your packing, as there is limited space in our trucks. Also, your gear will have to be carried by hand from our Central area to your campsite. Please consider the weight and size of your luggage when packing.

Lastly, you will find an overview of Camp rules and procedures. Please review them before arrival so you know what to expect. We will review these at Camp.

No pets are allowed at Camp Unalayee during programs. Weapons, including, but not limited to firearms and explosives, are not allowed in the Unalayee Basin. Small knives are allowed, but any violent or threatening use of them is strictly prohibited and may result in removal of the knife or dismissal of the user from the Camp Basin. Any sports equipment that may be considered dangerous (i.e. archery equipment) must be cleared through the Director before it is brought to camp. This equipment must be stored in a camp building and only used during appropriate activity times. Camp is not responsible for any personal property that is lost or damaged while at Camp.

Smoking, vaping, other tobacco use, and being under the influence of marijuana or other illicit substances, are prohibited on Camp Unalayee property and in Camp Unalayee vehicles at all times. Marijuana and other illicit substances are not allowed on the Camp Unalayee property at any time. Moderate alcohol use is permitted during the Family Days programs only by those 21 years of age and older. The Director reserves the right to ask any participant to refrain from alcohol consumption if they determine the participant's conduct to be inappropriate. If the participant does not honor the Director's request, they may be asked to leave.

If you have any questions or concerns regarding these forms or your upcoming camp experience, please do not hesitate to contact us:

[office@gocampu.com](mailto:office@gocampu.com) (650) 969-6313

Can't wait to see you in the Mountains!

## **Camp Unalayee**

### **Driving Directions to Camp Unalayee**

Getting to Camp U is really a three-step process:

1. Get to Scott Mountain Summit
2. Drive to the wilderness gate and park
3. Walk (or hitch a ride) into our wilderness basin

#### **1. Directions to Scott Mountain Summit:**

**WARNING:** Do NOT follow the Google Maps directions to get to Scott Mountain Summit. They WILL get you lost.

##### **From Oregon and the North:**

- Take I-5 South to Yreka
- Take exit 773 towards CA-3/Fort Jones/Etna
- Turn right at the end of the off-ramp
- Turn left on to Hwy 3 South (the first stoplight) towards Fort Jones and Etna
- Turn left at Etna to stay on Hwy 3 towards Callahan and Weaverville
- 14.5 miles past Etna and 2 miles past Callahan veer right to stay on Hwy 3 towards Weaverville and Trinity Center
- Scott Mountain Summit is about 7 miles up on the right
- About 2 hours driving time from the Oregon border

##### **From the Bay Area or Sacramento Area:**

- Take I-5 North to Weed
- Take exit 751 towards Edgewood/Gazelle
- Go left under I-5
- Go right @ the stop sign towards Gazelle (Stewart Springs Rd./Old Hwy 99)
- Go 7.2 miles to Gazelle and turn left on Gazelle-Callahan Rd.
- Go 24.7 miles and take a left onto Hwy 3 towards Trinity Center and Weaverville
- Scott Mountain Summit is about 7 miles up on the right
- About 6 hours driving time from the Bay Area

##### **From Arcata and the Coast:**

- Take Hwy 299 East towards Weaverville/Redding
- Go 93.4 miles and turn left on to Hwy 3 North/Lake Trinity Blvd towards Trinity Center
- Scott Mountain Summit is about 55 miles, on the left
- About 3.5 hours driving time from Arcata

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### 2. Directions from Scott Mountain Summit to the Wilderness Gate

- The road to Camp U is north of Scott Mountain Summit Campground and the Pacific Crest Trail on the west side of Hwy 3. The road is USFS40N63. If you have just turned into the Scott Mountain Summit parking area, the road will be on the far north end (right side after turning off Hwy. 3) of the parking area, to the right of the large wilderness information sign that is located at the entrance to the Pacific Crest Trail.
- It is 3.5 miles to the locked wilderness gate. The road is dirt and can be rough in spots.
- It is the road most traveled but if you have gone 4 miles after leaving Hwy 3 you missed one of only two turns.
- Within the first 1/2 mile after leaving Scott Mountain Summit, a road will enter from the left.  
**Continue straight.**
- At almost exactly 1 mile, you will come to a "Y" in the road, **stay LEFT and go uphill**. Within the next mile you might notice the USFS weather station on the right. If parking at the wilderness gate is full we will meet you at the weather station, where there is ample parking.
- If a Unalayee representative is not present at the weather station, continue on and you will come to the locked wilderness gate.
- IMPORTANT: Park well off to the side. The camp truck is wide, so make sure there is room to get by.
- It may take half an hour to get from Scott Mountain Summit to the wilderness gate. Please arrive at the gate at 2pm. If you arrive before 2pm and a Unalayee representative is not present, you may leave your luggage in a pile to the side of the road just before the wilderness gate. You can start walking in and we'll pick up your gear for you.

### 3. Hike from the wilderness gate to Mosquito Lake

- Although we encourage everyone to try the hike into camp, if you are unable to do the entire hike we will give you a ride. It is a 4-mile hike along the road to camp.
- First, you will climb (for the most part) to the Siskiyou/Trinity divide - about one mile.
- For the next 2.5 miles the road is relatively level, dropping slightly. Great views of Mt. Shasta if you look back and Bear Ridge as you walk the road.
- There is only one real fork in the road. It is about 3.5 miles past the wilderness gate. At this "Y," **take a right**, which heads uphill. If you continue downhill from the "Y" you have gone the wrong way.
- After the "Y" you should start to climb steeply uphill. About 1/4<sup>th</sup> mile further there will be a much less obvious "Y" in the road. **Stay right** and continue going uphill.
- Another 1/4 mile further and you will arrive at CampU!

#### For map lovers:

Google Maps has a satellite option and perfect detail of the route from Scott Mountain Summit to the CampU Basin.

Click or copy and paste the following link into Google search and you will find a road map with markers. Click the Satellite option and zoom in or out to follow the route.

<http://maps.google.com/maps/ms?ie=UTF8&hl=en&msa=0&msid=117817221419334388116.000489fd429ca1ca4a799&ll=41.384022,-122.641068&spn=0.301383,0.501938&z=11>

There is now a street view option at Scott Mountain Summit showing the campground and turn-off to the camp road. For good reason we have not yet marked this location as a destination for everyone searching Google Earth.

3921 E. Bayshore Rd. STE 206, Palo Alto, CA 94303 (650) 969-6313 fax (650) 962-8234 [office@gocampu.com](mailto:office@gocampu.com)

## Camp Unalayee

### Basic Family Days Equipment List

At Family Days you will be camping. So think about bringing all the things that you will need for camping in the mountains. You do not need to bring individual cooking equipment such as stoves and pots, as **meals will be provided by Unalayee**. If you would like to have your own personal cooking equipment in your campsite, it is fine with us, but not necessary. Although, the weather is usually warm and dry, we have had an occasional mountain storm that brings rain, hail, and cold weather.

Although we will truck your luggage into our basin from the wilderness gate, your gear will have to be carried by hand from our Central area to your campsite. Please consider the weight and size of your luggage when packing.

#### Essentials:

- Tent
- Sleeping bags
- Sleeping pads
- Pillows
- Ground cloths
- Flashlights & extra batteries
- Water bottles
- Daypacks
- A variety of clothes for the week – layers are best and synthetics are great!
- Warm clothes, warm hat
- Lots of Socks
- Rain Gear
- Swimming suits and towels
- Sunscreen, sunglasses, sun hats, and Chap Stick
- Bug repellent (preferable non-aerosol) and other basic toiletries

#### Optional items:

- Folding Chairs
- Mugs/travel cups for hot beverages
- Books
- Camera
- Fishing gear
- Musical instruments
- White cotton shirts or other clothing to tie-dye
- Sodas, adult beverages, etc.
- Foods for special dietary needs (we try very hard to provide for all dietary needs, but if there are very specific foods that your family relies on it is best to bring some).

Camp U has a limited supply of sleeping bags, sleeping pads, and backpacks that may be borrowed.

## Camp Unalayee

### Camp Rules and Procedures

#### The Expectation of Cooperation, Respect, and Communication

Camp Unalayee is based around the expectation of strong community. We work and play in small family groups and share the daily work of cooking, cleaning, and taking care of Camp. Our staff welcome and expect your help in daily tasks. They also want to help you and your family have the best experience possible. Please let them know what they can do to help you be a part of our community and make camp living as easy as possible. Good communication is a cornerstone to happy communities. Please let us know if you are having problems of any type.

**Our rules at Camp Unalayee are all focused around respect.**

#### Respect for Yourself

- Hygiene
  - Wash your hands. Fecal oral contamination is a nasty thing.
- No open toed shoes
  - Your feet are your transportation here!
  - Take care of your feet at all costs
- Drink Water
  - Dehydration is a particular problem at elevation
- Wear sunscreen
  - The sun is stronger here.
- No chopping wood without the supervision of an adult
- We are here to help you. Tell someone if you don't feel well. Physically or emotionally. Or if you just need someone to talk with.

#### Respect for Others

- No fighting, bullying, put downs, negative language, slurs, etc.
- Be appropriate and sensitive. We have people from all different cultural backgrounds and all age ranges at Unalayee. Please be aware that what is appropriate for you may not be for someone else. Be understanding of and open to learning about our differences.
- Privacy
  - We don't have bedrooms here. Your tent, or your duffel bag under a tarp is like your bedroom. Respect others' space.
  - You may not go into anyone else's personal belonging or space. This includes their food or things in the green cabinet.
  - Ask before entering a biffy or shower and respect the privacy of anyone inside.
- Everyone helps out with meals, dishes, and other tribe chores to the best of their ability.
- Be quiet at night
  - Not everyone has the same sleeping schedule. Be aware that you might be keeping others up.
- No weapons
  - Pocket knives are a privilege, not a right.
    - Only knives with closing/locking blades no longer than your palm are allowed.

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- If any counselor sees you mis-using your knife (threatening another, using it unsafely, disrupting nature, etc), they may confiscate it from you without warning. It will be stored in the lock box till the end of the session when it will be returned to you.

### Respect for Nature

- No rock throwing
- No breaking of trees, plants, etc.
- No hurting or attacking animals
- If you pick up a frog, snake, or insect handle it gently and put it back where you found it.
- Do not touch deer or birds.
- This is the animals' home. We are the visitors. Treat it that way.
- No gum.
  - Birds and squirrels can choke on it and die.
- No fireworks
- Store food and toiletries in the green cabinet or in the food shack.
  - We don't want animals eating our food or toiletries, it's bad for them, and then we don't have our stuff.
  - Do not feed animals.
  - Pick up your trash.

### Some practical rules and guidelines to help you get oriented to Camp:

#### Waterfront

- Swimming is only allowed when a lifeguard is on duty
- Swimming is only allowed inside the swim area
  - In order to swim to the raft, please ask the lifeguard for permission
  - There is a six person maximum on the raft
- Swim rules for kids:
  - Children aged eight and over may swim within the swim area at the discretion of the lifeguard. If the lifeguard feels uncomfortable with the child's swimming ability at any time, they may ask the child to only swim when accompanied by an adult.
  - Children aged five to eight must have an adult (other than the lifeguard on duty) supervising them from the shore or water. If the lifeguard feels uncomfortable with the child's swimming ability at any time, they may ask the child to only swim when accompanied by an adult.
  - Children under five must be accompanied by an adult in the water at all times.
- Always ask permission to enter the water
- You must stay behind the lifeguard line unless entering the water
- You must enter the water on the right-hand side of the lifeguards
- Surf boards may only be used in the roped swim area
- No DIVING
  - The ONLY place diving is allowed is off the raft TOWARDS the shore.
- Listen to the lifeguards
  - One whistle blow means stop and pay attention to the lifeguard
  - Two whistle blows means exit the water (get on the raft if you are nearer to it)

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- The lifeguard's rule is the ultimate rule
- The waterfront closes at 12:45pm for lunch and 5:30pm for Dinner
- Bring warm clothes and a towel
  - It gets cold and the water may be cold

### **Fishing**

- No fishing in the swim area (between the big rock and the creek) or the sweat meadow
- No casting from boats
- No fishing equipment in the swim area
- Release fish under 6 inches

### **Boating**

- No swimming/boating unless a lifeguard is on duty OR an adult is in the boat
- If a lifeguard is on duty, please ask permission to use a boat or kayak
- All boaters must wear a life jacket
  - Life jackets should be checked by a lifeguard
- No standing in the boats
- No rough-housing in the boats
- No contact with other boats
- No rocking the boats
- No docking at the raft or on land anywhere other than the waterfront
- You may NOT boat in between the raft and swim area
- No shoes in the boats

### **Craft Shack**

- Open every activity period
- Campers may not use the craft shack at times other than activity periods
- Campers may not go into the craft shack without the craft shack supervisor's permission
- The craft shack closes at 12:45pm for lunch and 5:45pm for dinner.
- Clean up your project before the gong
- Be careful with our equipment
- Don't waste materials; there are many other campers who want to use them too!
- So many options everyday: beading, friendship bracelets, collage, leather work, drawing, letters, stamp art, knitting, painting, macramé, dream catchers, etc.
- Special activities led by a staff member: tie-dye, silk-screen, mask making
- There are also books available to borrow.
- Some craft projects may be continued in the tribe site or on a hike.
- Leather tools may not be borrowed or removed from the Craft Shack.
- Fishing supplies may be borrowed with the help of a Counselor

### **Biffy (Bathrooms)**

- Before entering, please call out and make sure no one is inside
- Respect the privacy of those inside
- Do not throw trash in the Biffies. The trash will not decompose and it fills them up!



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- You got to put your paper on a rock! With a tin-tin over and a rock on top! So when the rain comes pouring down, you won't have to wipe with a sock. (Or put the lid on TP bucket when you're done)
  - This system also prevents squirrels from eating the toilet paper
- Extra toilet paper is located on the eastern deck of the Food Shack.
- Close the lid
  - Helps with flies
  - Keeps squirrels from falling in
- Keep the biffies clean!
- Always WASH YOUR HANDS with soap after using the biffy!
- Take extra care when using the Composting Biffy – ONLY Pee, Poop, and Paper may go in it or it won't work!

## Showers

- There are three showers in the Camp Basin: one on creek side above Creek 3, one near central and one in between Lake 5 and Lake 1.
- The showers are solar powered by the coils of black pipe in the meadows by each shower. On a sunny day they are hot between 11am and 5pm.
- Please be conscious of the limited amount of hot water when showering.

## Trash Area

### Bear Box

- All leftovers, food scraps, and garbage that has food on it and cannot be cleaned needs be put into the white bucket and carried to the trash area daily.
- Dump the contents of the white bucket into the grey trash cans in the bear box.
- Replace the lid on the trash can after emptying your bucket.
- Do not overfill the trash cans. If a trash can is more than half full, grab a new one, line the can with a black trash bag, and give it a lid.
- Close and latch the bear box after emptying your white bucket.
- Clean out your white bucket (and lid) with the hose, emptying the contents in the sump and place upside down to dry.
- Dirty Diapers and used feminine sanitation products should also be placed in the grey barrels in the Bear Box

### Recycling

- Sort your CLEAN recyclables: aluminum cans, clear glass, green glass, brown glass, #2 plastic, and #1 plastic
- Remove lids and put them in the Landfill before recycling
- All recyclables MUST BE WASHED in the tribe site before sorting.
  - This keeps animals and insects out of our waste. It is the safest and healthiest method for both us and the animals.
- Bi-Metal cans and plastic bags are not recyclable.
- Replace the recycling can lids after using

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### Landfill

- All trash (including plastic bags/lids) MUST BE WASHED in the tribe site before being put in the landfill.
  - This keeps animals and insects out of our waste. It is the safest and healthiest method for both us and the animals.
- Bi-metal cans and plastic bags are landfill.
- Send clean, dry reusable plastic bags back to the food shack.
- Replace lids after using the landfill barrels.
- Return Blue Baskets to food shack

### Food Shack

- Food in the snack area and in the fruit baskets is available at any time
- Children are not allowed in the cooler without permission
- Please label all personal food
- Please do not take food that is not in the snack area or your own personal food storage without asking first.
- Please do not leave personal items other than food in the Food Shack, as space is limited.
- Please try to keep the food shack as clean as possible.
- Please make sure doors close behind you when exiting the shack to ensure that animals cannot enter.

### Store

- Campers are not allowed inside the Store by themselves.
- Campers may borrow a backpack, sleeping bag, ground cloth, rain gear, warm jacket, hiking boots, water bottle
- In order to borrow something campers must find a counselor or staff member to check it out to them.

### A note about supervision of children:

While our staff loves to work and play with kids, they are not specifically trained to care for infants and toddlers. Although we do provide activities for young kids and some activities where parents can leave young children alone with our staff, we do not provide full service childcare. We expect parents to be the primary care providers for their children.